



AMERICAN INDIAN COMMUNITY HOUSE, INC.

11 BROADWAY, 2nd FLOOR, NEW YORK, NY 10004

Women's Wellness Circle 1st Pink Shawl Breast Cancer Awareness Project

AICH Health Department Women's Wellness Circle has initiated our 1st Pink Shawl Breast Cancer Awareness project. This initiative will create a circle of Native Women in the community to raise breast cancer awareness along with being educated on issues in a culturally sensitive way. This initiative will also provide multi generational teachings, discuss the mistrust issues with western medicine and decrease negative issues with body image for all age groups.

The Pink Shawl Circle would like to Honor four cancer survivors within the greater New York City urban Indian community. We will randomly select survivors that are willing to share their stories of survival within the community. In addition, we ask that each survivor participate in at least one Breast Cancer Awareness walk.

If you are Breast Cancer Survivor and would like share your story, our Women's Wellness Circle would like to Honor and support you with a pink shawl.

Please return form by JULY 26, 2010 to qualify:

NAME _____

PHONE #: _____

ADDRESS: _____

CITY, STATE & ZIP CODE: _____

TRIBAL AFFILIATION _____

BREAST CANCER SUVIVOR SINCE: _____

Mail to:

Pam Albert, Women's Wellness Coordinator

American Indian Community House

11 Broadway, 2nd Floor

New York, NY10004

On September 12, the Women's Wellness Circle is participating in the Komen Greater New York City Race for the Cure and in October we will participate in the Avon walk for Breast Cancer.

RSVP AND REGISTER FOR CIRCLES WITH PAM ALBERT,
WOMEN'S WELLNESS COORDIANTOR/CHR @ (212)598-0100 EXT: 216

BREAST CANCER WELLNESS

Mothers and Grandmothers, our breasts give life and there is nothing better in this world than to hold your child in your arms and watch them drink of your body. But our breast also can harm us, Breast cancer that occurs when cells in breast tissue divide and grow out of control. Breast cancer can also travel to other parts of your body, such as the liver, and strangely, is still called Breast cancer.

Native Women once diagnosed with breast cancer have the lowest survival rate of any ethnic group/race. Breast cancer will look at how you can help care for yourself and look into the breast itself. (*Journey Woman, "A Native Woman's Guide to Wellness"*)

So please join us for our **PINK SHAWL BREAST CANCER AWARENESS CIRCLE** and provide support to our Breast Cancer Survivors whom are welcome to join us in creating that special dance Shawl.

Every TUESDAY

June 01st, 08th, 15th, 22nd & 29th

Evening Circle @ 6:00 PM – 8PM

July 06th, 13th, 20th, & 27th

Evening Circle @ 6:00 PM – 8PM

August 03rd, 10th, 17th, 24th & 31st

Evening Circle @ 6:00 PM – 8PM